

# Study Guide

## US Trainer Certification

### **Disclaimer:**

The resources in this study guide cover the majority of the knowledge base that the oral exam will test. There may be questions on the exam to which a complete answer may not be found in these written resources or a single one of these resources. The expectation is that fast track examinees will bring to the table a familiarity with the majority of these resources, their content AND years of direct experience working in all aspects of the horse industry. The questions are designed to test knowledge in these topic categories that is normal and necessary for equine professionals in this industry.

### **Guide to studying:**

We do not expect each of the resources is read in its entirety as not every section is applicable in every book. Though we believe each book and resource is valuable in its entirety, in order to streamline your studying it is appropriate to narrow your focus for each source to the most relevant chapters or sections for each topic category. If exam questions are very specific to a certain chapter or section of a document the specific chapter/document section is listed.

### **Study advisors:**

If you have questions, inquiries, or would like some guidance as you begin your studies please reach out to the education leader and they can assign you an advisor from the education sub-committee in charge of the development of this certification system and judgment.

# Topic Categories

## Topic Category 1: Ethics

*Topic Description:* Examinees should be familiar with the USIHC Horse Trainer Code of Ethics tenets and reflect on how those could influence decisions made in daily life as a horse trainer and educator.

*Study Materials:*

Code of Ethics document created by USIHC Trainer Course Committee

## Topic Category 2: The Rider's Seat

*Topic Description:* Examinees should be familiar with the various seats used in riding and training including full seat, posting, half seat and jumping seat as well as their ideal forms and when and why they would be used. They should also know why the correct form of each seat is important to develop.

*Study Materials:*

Knapamerki 1: Chapter 9

Knapamerki 3: Chapter 10 (p 94-95)

Knapamerki 4: Chapter 1 (p 35-54)

Centered Riding - Sally Swift

*This book has several helpful analogies for explaining the correct seat and adjusting issues with a rider's seat. You are not expected to know the book in its entirety*

*Supplemental Materials:*

USIHC Riding Badge Manual

The Principles of Riding - German National Equestrian Federation

When Two Spines Align: Dressage Dynamics - Beth Baumert

The Classical Rider - Sylvia Loch

Dressage with Kyra - Kyra Kyrklund

## Topic Category 3: The Rider's Aids

*Topic Description:* Examinee should have a knowledge of the correct application of the leg, seat and rein aids and how they are applied for various tasks including transitions within and between gaits, changes of direction, and changes of bend.

*Study Materials:*

Knapamerki 2: Chapter 4, 8, 9

Knapamerki 3: Chapter 6, 7, 9

Knapamerki 5: Chapter 7

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis: Chapter 3

The Classical Seat - Sylvia Loch: Chapters 5-8

*Supplemental Materials:*

Dressage in Harmony - Walter Zettl

Dressage with Kyra - Kyra Kyrklund

On Horseback DVD - Eyjolfur Isolfsson

Center Riding - Sally Swift

The Principles of Riding - German National Equestrian Federation

The Art of Horsemanship - Xenophon

**Topic Category 4: The Gaits**

*Topic Description:* Examinee should have detailed knowledge of the five gaits, their footfall, phases, beat faults and possible solutions including how different gaits interplay and strengthen each other.

*Study Materials:*

Knapamerki 1: Chapter 8

Knapamerki 3: Chapter 4

Knapamerki 5: Chapter 6, 7

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis: Chapter 6-11

On Horseback 3 DVD Chapter 5: Canter - Eyjolfur Isolfsson

FEIF document The [https://www.feiffengur.com/documents/LH\\_gangtegundir\\_2017.pdf](https://www.feiffengur.com/documents/LH_gangtegundir_2017.pdf)

*Supplemental Materials:*

Dressage in Harmony - Walter Zettl

Natural Gait Distribution in Horses DVD - Bruno Podlech

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis

On Horseback DVD 1-3 - Eyjolfur Isolfsson

9.5-10 fyrir Hæfileika (9.5-10 for Ridden Abilities) DVD

**Topic Category 5: Tack**

*Topic Description:* Examinees should be knowledgeable about basic tack traditionally used on Icelandic Horses as well as a basic knowledge of tack fit and safety considerations regarding tack. They should also have an understanding of how variations in tack suit different people, horses and roles such as various bits, bitless bridles, and saddles. They should also know the list of prohibited equipment for FEIF and USIHC including reasoning behind prohibition. Examinees should educate themselves about various types of auxiliary reins as well as their possible effects and controversies.

*Study Materials:*

Knapamerki 1: Chapter 5

Knapamerki 4: Chapter 4

Knapamerki 5: Chapter 2

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis: Chapter 22-24

Article on Auxillary Reins:

[https://www.researchgate.net/publication/353385667\\_Evaluating\\_Horse\\_Owner\\_Expertise\\_and\\_Professional\\_Use\\_of\\_Auxiliary\\_Reins\\_during\\_Horse\\_Riding](https://www.researchgate.net/publication/353385667_Evaluating_Horse_Owner_Expertise_and_Professional_Use_of_Auxiliary_Reins_during_Horse_Riding)

Articles on saddles with a tree vs. treeless saddles

<https://www.sciencedirect.com/science/article/pii/S1090023311004667>

<https://beva.onlinelibrary.wiley.com/doi/abs/10.1111/j.2042-3306.2010.00237.x>

<https://www.sciencedirect.com/science/article/pii/S109002331300508X>

FEIF rules and regulations document (information referring to tack chapter G8)

[https://www.feiffengur.com/documents/FEIF\\_Rules\\_Regulations\\_2021\\_complete\\_onlinev3.pdf](https://www.feiffengur.com/documents/FEIF_Rules_Regulations_2021_complete_onlinev3.pdf)

FEIF list of prohibited equipment for sports competitions

[https://www.feiffengur.com/documents/Prohibited%20Equipment\\_08032021.pdf](https://www.feiffengur.com/documents/Prohibited%20Equipment_08032021.pdf)

Bitless bridles:

<https://www.sciencedirect.com/science/article/abs/pii/S1558787821000460>

<https://beva.onlinelibrary.wiley.com/doi/abs/10.2746/042516409X472150>

*Supplemental Materials:*

The Principles of Riding - German National Equestrian Federation

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis

USIHC Riding Badge Manual

Advanced Techniques of Dressage, German National Equestrian Federation

**Topic Category 6: Basic Dressage Exercises**

*Topic Description:* Examinees should have a knowledge of basic dressage exercises and figures, as well as their benefits and uses in training horses and teaching riding. These exercises include leg yield, turn on the forehand, shoulder in, halt, and back up. They should also know at least one training scale in detail.

*Study Materials:*

Knapamerki 3: Chapter 6, 7

Knapamerki 4: Chapter 5, 6

The Principles of Riding - German National Equestrian Federation: Chapter 6

*Supplemental Materials:*

Classical Schooling with the Horse in Mind - Anja Beran  
Dressage in Harmony - Walter Zettl  
The Classical Rider - Sylvia Loch  
Dressage with Kyra - Kyra Kyrklund  
The Complete Training of Horse and Rider - Alois Podhajsky  
On Horseback DVD - Eyjolfur Isolfsson

### **Topic Category 7: Riding in Different Environments**

*Topic Description:* Examinees should have a knowledge of the usefulness and benefits, both physical and psychological, of training in different situations and terrains for general horse training and fitness as well as on specific gaits. They should also know what is important in preparing both students and horses for trail riding. They should have a knowledge of various situations and safety concerns that may arise for both horse and rider.

*Study Materials:*

Knapamerki 2: Chapter 10  
Equine Fitness - Jec Aristotle Ballou  
The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis Chapter 16  
55 Corrective Exercises for Horses - Jec Aristotle Ballou

*Supplemental Materials:*

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis

### **Topic Category 8: Legal Aspects of Running a Horse Business**

*Topic Description:* Examinees should be familiar with the processes of establishing a legal business in their state as well as the advantages of various legal statuses such as LLC or sole proprietorship. They should further be aware of important insurance and liability considerations such as liability mitigation, education, fencing, helmets, signage and waivers. They should be familiar with liability and care, custody, control insurance policies, as well as how and when to add an additional insured. They should know their particular states laws and the protection they confer to equine practitioners including whether their state is a limited liability state. They should also be aware whether they are considered a mandated reporter of child abuse as well as the standard for when and how a report must be made. They should also be familiar with the two legal principles of Negligent Supervision and Law of Agency and how they apply to horse businesses.

*Study Materials:*

Many of these will require you to look up specific laws and/or discuss liability with an insurance agent or lawyer and do not have one specific source.

Law of Agency and Law of Negligent Supervision: Equestrian Education Professional Development for instructors - Jill K. Hassler-Scoop, chapter Ethical issues for the riding instructors, page 21-29

Mandated Reporter Laws: <https://www.childwelfare.gov/pubpdfs/manda.pdf>

### **Topic Category 9: Riding Etiquette**

*Topic Description:* Examinees should have a solid knowledge of general rules of safety and etiquette in various situations including trail rides (including group trail rides and riding on or near roads), arenas, barns, and competitions on and off the oval track.

#### *Study Materials:*

Knapamerki 2: Chapter 10

Oval track etiquette: Educate yourself on oval track riding etiquette and safety through working with certified trainers and sport judges (no written resources)

Trail Etiquette Video:

[https://www.facebook.com/watch/?ref=search&v=710560390325409&external\\_log\\_id=bd077e05-4363-41d8-a5c4-0ddebafdb88&q=trail%20riding%20etiquette](https://www.facebook.com/watch/?ref=search&v=710560390325409&external_log_id=bd077e05-4363-41d8-a5c4-0ddebafdb88&q=trail%20riding%20etiquette)

#### *Supplemental Materials:*

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis  
Horse Trail Riding Safety and Etiquette: Tips and Advice for Safe and Fun Trail Riding - Kim Bake

### **Topic Category 10: Understanding Different Requirements for Different Horses**

*Topic Description:* Examinees should understand how to tailor their approach to differing personalities, conformations, goals and mental and physical capabilities of horses. They should also be aware of how different conformational attributes could make a horse better or worse suited to various tasks or maneuvers and how to improve abilities taking into account conformational differences. They should also have a knowledge of the temperament traits and personality types that make a horse well suited to different roles such as a beginner horse or horse appropriate for children.

#### *Study Materials:*

Classical Dressage: Foundations for a Successful Horse and Rider Partnership - Anja Beran  
Chapters 1 & 2

The BHS Manual for Coaching and Teaching Riding- Islay Auty, Chapter 11: School Horses  
Knapamerki 4: Chapter 3

#### *Supplemental Materials:*

Dressage for the not-so-perfect Horse- Janet Foy  
The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis  
FEIF Breeding Rules (Appendix 2 specifically)  
[https://icelandics.org/client\\_media/files/pdf/Rules\\_Regulations2019\\_complete1%20\(1\).pdf](https://icelandics.org/client_media/files/pdf/Rules_Regulations2019_complete1%20(1).pdf)  
Riding Horse Profile  
<https://www.feif.org/leisure-riding-dept/riding-horse-profile/>

## **Topic Category 11: Individual Horse Care**

*Topic Description:* Examinees should have a solid understanding of how to provide individualized horse care, keeping in mind the nature and fundamental needs of the horse depending on age, time of year, gender and use. This includes the keeping and maintenance of horse facilities. They should also be familiar with the how and why of important horse care tasks to meet the physical and mental needs of horses in their care *including but not limited to* bathing, grooming, and checking body condition.

### *Study Materials:*

Knapamerki 1: Chapter 1, 4

Knapamerki 3: Chapter 1 (p 14-22)

Knapamerki 4: Chapter 2, 3

The BHS Complete Manual of Horse and Stable Management - Islay Auty

Equine Nutrition: Your Guide to Horse Health Care and Management - Karen Briggs

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis Chapter 17-19

### *Supplemental Materials:*

USIHC Riding Badge Textbook

Area specific pasture management information - Local Extension Office/ Agricultural Agent

Horse Pasture Management - Paul Sharpe

## **Topic Category 12: Shoeing and Trimming**

*Topic Description:* Examinees should have the knowledge necessary to evaluate hooves for health and balance to the extent necessary for barn management. This should include basic hoof anatomy, the correct pastern angles and hoof size for health and welfare, the benefits and costs of barefoot vs shod vs composite shoes or hoof boots and when each might be appropriate. They should also know how a farrier can change various factors to help horses who are pacy, trotty or forging.

**Note:** The answers are expected to be at the level that demonstrates trainers to be good stewards of their horses' hoof health and be able to advise farriers who may be unaware of various adjustments that can be made to help gaited horses. Answers are not expected to be of the level that a farrier may need to know to properly execute those changes.

*Study Materials:*

FEIF Sport and Breeding Shoeing Rules - Section G8.3

[https://www.feiffengur.com/documents/FEIF\\_Sport\\_Rules\\_Regulations\\_2021\\_v3.pdf](https://www.feiffengur.com/documents/FEIF_Sport_Rules_Regulations_2021_v3.pdf)

Knapamerki 4: Chapter 3

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis Chapter 21

*Supplemental Materials:*

USIHC Riding Badge Textbook

FEIF Shoeing and Equipment Checks

The Essential Hoof Book: The Complete Modern Guide to Horse Feet - Susan Kauffmann & Christina Cline <https://www.feiffengur.com/documents/shoeing%20controls.pdf>

**Topic Category 13: Feeding**

*Topic Description:* Examinees should have the information necessary to make solid dietary choices for their horses based on their level of exercise, age and weight. This includes setting an appropriate feeding schedule and knowing the important components of an equine diet. Examinees should also know why different feed components are necessary or beneficial and in what amounts they should be fed, as well as symptoms of possible deficiencies. This includes hay and/or grass, grain or concentrates, minerals and vitamins, complete feeds, water, fat and salt.

**Note:** The answers are expected to be at a level that demonstrates trainers to be good stewards of the welfare of the horse, allowing them to make some nutritional recommendations and set up a general feeding plan. The examinees are not expected to know this material to the level of that of a nutritionist or veterinarian. Practical knowledge most relevant to the health of riding horse will be primarily emphasized.

*Study Materials:*

Knapamerki 3: Chapter 3

Equine Nutrition - Karen Briggs

Area pasture/hay analysis information - Local Extension Office/ Agricultural Agent

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis Chapter 18

*Supplemental Material*

Equine Nutrition and Feeding - David Frape

**Topic Category 14: General Health**

*Topic Description:* The examinee should know the signs of both a healthy horse as well as sickness. This includes both outward signs as well as the important vital signs. They should also know the standard immunization schedule for horses in their area as well as additional vaccines



that may be recommended for horses that travel frequently. Examinees should know the proper deworming protocol for a given horse each year. They should be aware of the various reasons to clip a horse as well as how to do so. They should know the dangers of both malnutrition and obesity. They should know the main poisonous plants in their area and how to identify both the plants as well as signs of toxicity in the horse.

*Study Materials:*

Knapamerki 4: Chapter 2

Horse Owner's Veterinary Handbook 3rd Edition- Gore, Gore, Griffin Chapters 2, 3

Area poisonous plant information - Local Extension Office/ Agricultural Agent

Local vaccine schedule should be obtained from veterinarian

*Supplemental Materials:*

USIHC Riding Badge Textbook

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis Chapter 20

Dr. Kellon's guide to First Aid for Horses - Eleanor Kellon, VMD

The BHS Complete Manual of Horse and Stable Management - Islay Auty

Chapter 12: Clipping, Trimming, Pulling and Plaiting

Chapter 15: Signs of good and ill-health and sick nursing

The Complete Equine Emergency Bible - Karen Coumbe and Karen Bush

FEIF general rules and regulations, section G7.1

[https://www.feiffengur.com/documents/FEIF\\_Rules\\_Regulations\\_2021\\_complete\\_onlinev3.pdf](https://www.feiffengur.com/documents/FEIF_Rules_Regulations_2021_complete_onlinev3.pdf)

## **Topic Category 15: Common Diseases**

*Topic Description:* For the following common diseases and ailments the examinee should know the following where applicable: symptoms, risk factors, prevention strategies, prognosis, severity and whether Icelandic Horses are particularly susceptible, as well as appropriate course of action from a horse owner/trainers perspective.

Disease list: Colic, Cushing's Disease, arthritis, spavin, eye infections, EPM, Lyme disease, laminitis, tying up and Azoturia, botulism, strangles, equine infectious anemia, abscess, white line disease, thrush, ulcers, summer eczema and multiple congenital ocular abnormalities (MCOA).

**Note:** Please note this does not mean that the examinee needs to know about treatment at the level a veterinarian might. For example, "isolate the horse and call the vet" can be sufficient for some diseases, the examinee is not expected to know drug names or dosages except in cases where a vet may ask a trainer to administer the drug themselves before the vet's arrival (ex: banamine and its generic names).

*Study Materials:*

Horse Owner's Veterinary Handbook- Gore, Gore, Griffin (see index for relevant sections)

MCOA: <https://bmcvetres.biomedcentral.com/articles/10.1186/1746-6148-7-21>

Spavin: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8050652/>

## **Topic Category 16: Animal Welfare**

*Topic Description:* Examinees should be aware of regulations regarding appropriate facilities and operating standards, outdoor and indoor facilities, space requirements, health and husbandry standards and transport as well as how those might relate to your equine business. They should also be aware of the “five freedoms for animals” that should guide equine welfare decisions as well as their applications in an equine business.

### *Study Materials:*

USDA Animal Welfare Act: p229-240 applies to horses

[https://www.aphis.usda.gov/animal\\_welfare/downloads/bluebook-ac-awa.pdf](https://www.aphis.usda.gov/animal_welfare/downloads/bluebook-ac-awa.pdf)

AAEP Equine Welfare Statement

<https://aaep.org/guidelines/aaep-ethical-and-professional-guidelines/aaep-position-statements/equine-welfare>

Five Freedoms for Animals

<https://www.animalhumanesociety.org/health/five-freedoms-animals>

## **Topic Category 17: Teaching Skills**

*Topic Description:* The examinee should know about basic teaching skills and teaching styles, the key teaching points for new skills and skill development as well as have knowledge about the specifics of teaching different groups of riders and their safety. They should know about various student learning styles, motivation and resistance, and be familiar with symptoms of burnout in themselves and discomfort in their students and their horses.

### *Study Materials:*

Coaching Skills for Riding Teachers - Islay Auty

Chapter 1: ‘You’ as a Coach

Chapter 2: Communication

Chapter 3: How people learn

Chapter 4: Awareness & Judgment

Chapter 8: Coaching Children

Chapter 9: Working with the Recreational Rider

The BHS Manual for Coaching and Teaching Riding - Islay Auty

Chapter 1: Qualities of a Riding Teacher

Chapter 4: Understanding Horses and Riders

Chapter 6: Planning safe lessons

Chapter 8: Teaching Children

Chapter 9: Teaching Adults  
Chapter 12: Dealing with Problems

Equestrian Education by Jill Hassler-Scoop  
Motivating your Students Learning: p40-45  
Communication Traps: 48-49  
Burnout: p55-63  
Basics of Teaching p67-73

### **Topic Category 18: Horse Training - Basic Training & Understanding of Biomechanics**

#### *Topic Description:*

**Basic training:** Examinee should have a working knowledge of different types of training regimens and schedules that can be used when working towards common training goals and how to maintain the spirit of the horse throughout training. They should be able to discuss topics such as training variability and variety, applied understanding of behavioral science in training, the importance of different styles of ground work, development of weekly training plans, and how to work towards long term training goals.

**Biomechanics of form:** Examinees should have a thorough understanding of the correct biomechanics of self carriage throughout the entire body of the horse. Specifically they should understand what it means to have the horse on the bit and they should know the biomechanics of pushing vs. carrying power in the hind legs. Examinees should be able to explain why correct form/self carriage is important and how incorrect movement can be damaging longterm. They should have a basic understanding of how horses carry themselves develops through training and in different gaits. They should have knowledge of how different beat faults in the gaits are often correlated with incorrect form and be able to recommend exercises to improve a horse's self-carriage.

#### *Study Materials:*

The Mysteries of Collection Article - Hilary Clayton  
[https://www.usdf.org/EduDocs/The-Horse/The\\_Mysteries\\_of\\_Collection.pdf](https://www.usdf.org/EduDocs/The-Horse/The_Mysteries_of_Collection.pdf)  
Knapamerki 3: Chapter 2, 3  
Knapamerki 4: Chapter 3, 5, 6  
Knapamerki 5: Chapter 2, 3, 4, 8  
On Horseback 2: Chapter 6 Outline & Balance - Eyjólfur Ísolfsson  
Equine Fitness - Jec Ballou

#### *Supplemental Materials:*

Dressage with Kyra - Kyra Kyrklund  
The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis Chapter 4  
Equine Exercise Physiology - David Marlin and Kathryn Nankervis  
Schooling Horses in Hand - Richard Hinrichs (also comes with a DVD)  
Harmony - Benedikt Lindal

Starting Horses DVD I - Benedikt Lindal

Training DVD II - Benedikt Lindal

Academic Horse Training DVD - Andrew McLean

The Truth About Horses: A Guide to Understanding and Training Your Horse - Andrew McLean

### **Topic Category 19: History of Riding and Horsemanship**

#### *Topic Description:*

Examinees should know the history of horsemanship in broad strokes going back all the way to the first riders and horses. They should have knowledge of the first written works on horsemanship and be able to identify and describe the influence of some of the significant horsemen/women throughout history. Examinees should be familiar with the most famous riding schools in the world and the role they have played in the development of horsemanship. They should understand more recent history such as the history of horses in the Americas and the origins of natural horsemanship. Examinees should also know about the history of horsemanship in Iceland and how it has shaped Icelandic horsemanship today.

#### *Study Materials:*

Knapamerki 5: Chapter 1

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis Chapter 1,2

#### *Supplemental Materials:*

Horses Through Time: Carnegie Museum of Natural History edited - Sandra L. Olsen

Horse: How the Horse has Shaped Civilization - J. Edward Chamberlin

### **Topic Category 20: Horse Behavior**

*Topic Description:* Examinee should have a knowledge of horse behavior and how it affects both horse welfare and training. Emphasis will be placed on equine perception such as vision and hearing as well as learning, social systems and body language. The learning concepts examinees should be familiar with include the principles of shaping, classical conditioning and operant conditioning as well as their applications in training and associated terminologies. Additionally, the examinee should have knowledge of fear responses and its recognition in training and teaching. The examinee should also be able to recognize and give reasons for the biological flehmen response.

#### *Study Materials:*

Equine Behavior: A Guide for Veterinarians and Equine Scientists - Paul McGreevy

Knapamerki 1: Chapter 1

The Complete Guide to The Icelandic Horse - Lex van Keulen and Vanda Oosterhuis Chapter 5

#### *Supplemental Materials:*

Equine Behavior: Principles and Practice - Daniel Mills and Kathryn Nankervis  
Think Harmony with Horses - Ray Hunt  
The Revolution in Horsemanship - Robert M. Miller DVM & Rick Lamb

### **Topic Category 21: Knowledge of Icelandic Horse Organizations**

*Topic Description:* Examinees should be aware of the goals of the USIHC and FEIF as well as their committees and their respective roles, duties and goals. They should know major historical events of FEIF and their effects on modern workings of the organization. Be familiar with the purpose and classifications of the FEIF trainer's matrix as well as one other certifying trainers organization and a brief overview of their education and certification system.

*Study Materials:*

<https://www.feif.org/feif/>

<https://icelandics.org>

### **Topic Category 22: Preventing Accidents in Keeping and Riding a Horse**

*Topic Description:*

Examinee should have knowledge of protocols and daily actions that prevent accidents for horse and rider when teaching, managing your stable, leading trail rides or training. They should also have knowledge of how extreme weather can affect horse and rider safety. They should also be aware of preparing evacuation plans and developing evacuation procedures as well as local evacuation resources and how they can help keep you and your horses safe in an emergency.

*Study Materials:*

The Complete Equine Emergency Bible - Karen Coumbe and Karen Bush

Local evacuation resources and procedures

Knapamerki 2: Chapter 10

*Supplemental Materials:*

The BHS Complete Manual of Horse and Stable Management - Islay Auty

The BHS Manual for Coaching and Teaching Riding - Islay Auty

USIHC Riding Badge Textbook

### **Topic Category 23: First Aid for Horse and Rider**

*Topic Description:* Examinees should be aware of how to respond in an emergency regarding either horse or rider. This should include how to be prepared in case an accident occurs, the information when contacting 911, and appropriate items for a human and horse first aid kit. Additionally, examinees should know how to properly deal with the proper emergency situations: bad falls, shock, lack of consciousness, heat exhaustion, and broken bones. They should also know when and how to administer CPR. They should additionally know what to do in the case of

the following horse related situations: lameness, generally looking unwell, severe wounds, swollen eyes, severe bleeding, choke, exhaustion, and stepping on a sharp object. They should also have an idea of what to do if a horse or human is severely injured in a trail riding situation. They should additionally know how to mitigate the effects of smoke inhalations in the event of nearby wildfires as well as the air quality level at which it is safe to ride and how long a horse should rest before returning to work after smoke inhalation.

*Study Materials:*

First aid class for humans (mandatory)

<https://www.redcross.org/take-a-class/first-aid/performing-first-aid/first-aid-steps>

First aid class for horses (recommended)

UCDavis Guidelines for Wildfire Smoke:

<https://ceh.vetmed.ucdavis.edu/health-topics/wildfire-smoke-and-horses>

Use of AQI for Horses: <https://equusmagazine.com/riding/air-quality-index>

The Complete Equine Emergency Bible - Karen Coumbe and Karen Bush

**Topic Category 24: Business Management: Awareness of Customer-Oriented Business**

*Topic Description:* Examinees should be familiar with the concepts presented in the PowerPoint Presentation on Awareness of Customer-Oriented Business provided by the Trainer Certification Committee.

**Additional resources that you may find helpful:**

Hrimnir Community: <https://www.hrimnir.shop/community/>

<https://www.artisticdressage.com/about>

<https://www.facebook.com/RitterDressage/>

<https://dressagetoday.com/>

<https://www.facebook.com/DressageToday/>

Xenophon - The art of Horsemanship

My horses, my teachers - Alois Podhajsky

<https://aaep.org/guidelines/aaep-ethical-and-professional-guidelines/aaep-position-statements/equine-welfare>