

Longeing Exam

General Description and Emphasis:

Examinees will demonstrate a training session with their horse on the lunge. The examinee will set up the session to mirror a normal constructive training session with a warm up, working section, and cool down. The examinee will demonstrate how to train the gaits on the longe line, as well as transitions between gaits. A methodical approach that shows correct and systematic training will be rewarded. The session should have a positive impact on the horse's lateral and longitudinal suppleness, and relaxation and focus should improve throughout the presented session.

Procedures:

Examinees will have a total of 20 minutes maximum and 10 minutes minimum to show the elements required in the exam. Examinees will be given a 5 minute and 1 minute verbal warning. The exam is held in a 20x40m arena (or similar) up to two examinees may be in the arena at once, if the exam is held in a larger arena, at least 20x60m, up to three participants may longe at a single time, at the discretion of the judge. During the session the examinee will train the gaits walk, trot, and canter in both directions. Examinees should demonstrate a systematic approach to the training of each gait, and the transitions between gaits. The examinees' approach to how they ask for and train the canter in respects to the individual horse's gait distribution will play a role in their score. There is no requirement as to the amount of each gait shown, only that each gait is trained on the longe in a constructive way. It is paramount the examinee shows proper safety procedures in handling the horse and in handling their equipment. Examiners may ask questions at their discretion related to decisions made in the set up and execution of the session, with the answers possibly affecting the marks when applicable.

Equipment:

Examinee will present the horse with a longe line, longe whip, and longeing cavesson. Side reins may be used at the examinee's discretion. Examinees will be asked to justify their choice to use or not use side reins.

Location:

The test will be performed in a standard dressage arena (minimum of 20mx40m). The test may NOT be performed in a round pen or similarly delineated smaller area.

Element	Description	Notes		Score
Gait Training	Walk, trot and canter are each trained in a way that results in a better balance and, if applicable, stronger and clearer beat in each gait. The transitions are correctly executed in a way that improves the transition quality.	<ul style="list-style-type: none"> ● Appropriate training of the walk ● Appropriate training of the trot ● Appropriate training of the canter ● Quality transitions ● Correct beat and balance in walk ● Correct beat and balance in trot ● Correct beat and balance in canter 		
Methodology & Execution	The examinee uses the equipment in a safe way, ensuring especially that the longe line is safely managed and that side reins, if used are appropriately fastened. The aids are used systematically to obtain and improve each gait as well as to encourage proper posture and correct bend.	<ul style="list-style-type: none"> ● Correct and safe use of equipment ● Systematic application of the aids ● Horse is correctly bent to the sides ● Horse is encouraged to use their body correctly 		

<p>Training Results</p>	<p>The horse shows improved quality of movement due to the structure and execution of the training session. The horse increases suppleness to the sides and over the topline. Relaxation and focus are encouraged through correct use of the aids, attitude of the trainer and systematic methodology.</p>	<ul style="list-style-type: none"> ● Horse shows lateral and longitudinal suppleness ● Horse shows relaxation and focus ● Horse shows a positive progression in quality of movement through the session 		
<p>Structuring of Session</p>	<p>Session is appropriately structured. The warm up helps the horse to be best situated to learn and use their body correctly. The working phase is fluid and helps the horse to improve in their movements. Cool down is adequately long and works to stretch and cool the muscles of</p>	<ul style="list-style-type: none"> ● Well structured warm up ● Constructive working phase ● Appropriate cool down 		

	the horse.			
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